



# MENU

## BREAKFAST

SERVED UNTIL 12:00

---

## LUNCH

SERVED FROM 12:00

If you have an allergy or food intolerance please let a member of the team know and we can advise on a suitable meal choice.

### HOT DRINKS

AMERICANO . . . . .	3.25
CAPPUCCINO . . . . .	3.25
LATTE . . . . .	3.25
FLAT WHITE . . . . .	3.25
MOCHA . . . . .	3.45
ICED LATTE . . . . .	3.45
DOUBLE ESPRESSO . . . . .	2.75
ICED MOCHA . . . . .	3.95
MACCHIATO . . . . .	2.95
BABYCCINO . . . . .	1.25
EXTRA SHOT . . . . .	1.00
HOT CHOCOLATE . . . . .	3.25
HOT CHOCOLATE, CREAM & MARSHMALLOWS . . . . .	3.55
FRESHLY BREWED TEA . . . . .	2.95
SPECIALITY TEA . . . . .	3.10
COFFEE SYRUP (ONE SHOT) . . . . .	0.95

### SOFT & COLD DRINKS

STILL WATER . . . . .	1.95
SPARKLING WATER . . . . .	1.95
COKE / DIET COKE / COKE ZERO . . . . .	2.25
FANTA . . . . .	2.25
IRN BRU . . . . .	2.25
SPRITE . . . . .	2.25
APPLETISER . . . . .	2.65
ORANGE JUICE . . . . .	1.65
APPLE JUICE . . . . .	1.65
MILK . . . . .	1.50
FENTIMANS GINGER BEER . . . . .	2.65
FENTIMANS DANDELION & BURDOCK . . . . .	2.65
FENTIMANS SPARKLING RASPBERRY . . . . .	2.65
SAN PELLEGRINO LIMONATA . . . . .	2.25
SAN PELLEGRINO BLOOD ORANGE . . . . .	2.25
SAN PELLEGRINO ORANGE & POMEGRANATE . . . . .	2.25
CAWSTON PRESS SPARKLING CLOUDY APPLE . . . . .	2.25
CAWSTON PRESS ELDERFLOWER LEMONADE . . . . .	2.25
CAWSTON PRESS RHUBARD & CRISP APPLE . . . . .	2.25

### WINE BY THE GLASS (187ml)

CHILEAN SAUVIGNON BLANC . . . . .	4.25
Fruity and light, 12.5% ABV.	
ITALIAN PINOT GRIGIO . . . . .	4.25
Crisp apple flavours, 12% ABV.	
PROSECCO . . . . .	4.75
Lunetta, 11%, (200ml)	
CHILEAN SHIRAZ . . . . .	4.25
Vibrant berry and spice, 13% ABV.	
CALIFORNIAN MERLOT . . . . .	4.25
Ripe plum and dark cherry, 13% ABV.	

### WHITE WINES BY THE BOTTLE (75CL)

TIERRA ALTA SAUVIGNON BLANC . . . . .	10.95
Exotic freshness with tropical fruit, 13% ABV.	
SIBLIANA SENSAL BIO GRILLO . . . . .	12.95
Zesty organic and vegan wine from Chile, 13% ABV.	
PROSECCO BRUT . . . . .	14.95
Fruity nose, with hints of apple and citrus, 11% ABV.	

### RED WINES BY THE BOTTLE (75CL)

TIERRA ALTA MERLOT . . . . .	10.95
Rich and supple, good with meat, 13.5% ABV.	
PACO MULERO PRISMA . . . . .	12.95
Organic and Spanish, 14.5% ABV.	
SIBILIANA SENSAL BIO NERO D'AVOLA . . . . .	14.95
Organic, vegan, fresh and fruity, 13% ABV.	

### CROMARTY BREWERY BEER

KOWABUNGA 500ml . . . . .	3.95
HAPPY CHAPPY 500ml . . . . .	3.95
RED ROCKER 500ml . . . . .	3.95
CROMARTY LAGER 500ml . . . . .	3.95
THISTLY CROSS SCOTTISH CIDER 500ml . . . . .	3.95

*A further selection of wines, spirits and beers is available to purchase for take-home in our shop.*

## BREAKFAST SERVED UNTIL 12:00

THE POACHED EGGS MALARKEY. . . . .	9.50
Soft poached eggs from local hens served on sourdough toast with smoky back bacon and homemade tomato salsa.	
Add avocado. . . . .	1.45
<b>BRIOCHE FRENCH TOAST</b>	
With bacon and maple syrup . . . . .	8.50
<b>EGGS ON TOAST (v)</b> . . . . .	6.95
Fried, scrambled or poached. White, brown or sourdough.	
<b>SMASHED AVOCADO &amp; POACHED EGGS ON TOAST (v)</b> . . . . .	8.50
With avocado flavoured with chilli & lime.	
<b>BLACK ISLE BENEDICT.</b> . . . . .	9.50
Soft poached eggs and Fraser Bro's award winning black pudding served on a toasted muffin with hollandaise sauce. We can swap the black pudding for bacon or veggie haggis on request.	
<b>EGGS ROYALE.</b> . . . . .	11.95
Soft poached eggs and Scottish smoked salmon served on a toasted muffin with hollandaise sauce.	
<b>HIGHLAND FARM BREAKFAST.</b> . . . . .	12.95
Smoked bacon, link sausage, tomato, tattie scone, beans, fried egg and a round of toast. Choose black pudding or haggis or have both.	
<b>VEGETARIAN HIGHLAND FARM BREAKFAST.</b> . . . . .	12.95
Vegetarian sausages and veggie haggis, tomato, mushroom, tattie scone, beans, fried egg & a round of toast.	
<b>PORRIDGE (v)</b> . . . . .	5.95
With honey, sliced apple and banana.	
<b>GRANOLA (v)</b> . . . . .	5.95
With Black Isle Dairy yoghurt, sliced apple and banana.	
<b>HOMEMADE PANCAKES</b> , available all day.	
With butter and jam (v) . . . . .	5.45
With bacon and maple syrup . . . . .	8.95
With banana and maple syrup (v) . . . . .	7.95
<b>FILLED MORNING ROLL</b> available all day . . . . .	3.95
Filled with your choice of smoked bacon, link sausage, black pudding, haggis, veggie sausage or a fried egg.	
Add an extra filling. . . . .	1.00

*Gluten free toast is also available.*

## LUNCH SERVED FROM 12:00

<b>HIGHLAND FARM BURGER.</b> . . . . .	13.95
Fraser Bro's handmade beef burger served in a pretzel bun with homemade tomato chutney and mayo, with coleslaw and fries on the side. Can be made gluten-free on request.	
Add cheese, bacon, a fried egg, a slice of haggis or a slice of black pudding . . . . .	1.00
<b>HALLOUMI BURGER (v)</b> . . . . .	12.95
Grilled halloumi, portobello mushroom & homemade tomato chutney in a pretzel bun with French fries & house coleslaw. Can be made gluten-free on request.	
<b>CAJUN CHICKEN BURGER.</b> . . . . .	12.95
Pan fried chicken in a pretzel bun with lime mayo, French fries & house coleslaw. Can be made gluten-free on request.	
<b>MAC &amp; CHEESE (v)</b> . . . . .	11.95
Homemade macaroni cheese served with French fries, garlic bread and a mixed salad.	
Add a slice of Fraser Bro's black pudding . . . . .	1.00
<b>CHICKEN GOUJONS (gf)</b> . . . . .	11.95
served with French fries, mixed salad and sriracha mayo.	
<b>HADDOCK &amp; CHIPS (gf)</b> . . . . .	13.95
Deep fried haddock with French fries, mixed salad, homemade tartar sauce and a wedge of lemon.	
<b>VEGAN FISH &amp; CHIPS (vg)</b> . . . . .	10.95
Salt & vinegar tofu fillets served with vegan tartar sauce, fries, mixed salad and a wedge of lemon.	
<b>NAUGHTY VEGGIE NACHOS (gf)(v)/(vg)</b> . . . . .	10.95
Nachos served with a homemade vegan chilli of chickpeas, kidney beans, red pepper, tomatoes and lentils, topped with grated Scottish cheddar and sour cream. Make it vegan and have vegan cheese instead.	
<b>QUICHE OF THE DAY</b> . . . . .	10.95
Served with mixed leaves and quinoa.	
<b>SMOKED SALMON &amp; AVOCADO SALAD</b> . . . . .	16.10
Smoked salmon, quinoa, mixed leaves, avocado, egg, dill cream cheese, cherry tomato and a mustard and honey dressing.	
<b>MOUNTGERALD VEGAN SALAD BOWL (vg)(gf)</b> . . . . .	12.95
Tofu marinated with seaweed pesto, quinoa, mixed leaves, chickpeas, carrots, smoked roasted red pepper, baby plumb tomatoes and balsamic glaze.	
<b>HIGHLAND FARM CHICKEN SALAD (gf)</b> . . . . .	12.95
Herb roasted chicken breast served with brown rice, mixed leaves, chickpeas, carrots, smoked roasted red pepper, baby plumb tomatoes, beetroot and a tahini dressing.	
<b>SIDES</b>	
French fries (gf)(vg) . . . . .	2.95
Onions rings (gf)(vg). . . . .	2.95
House coleslaw (gf) . . . . .	1.95
Wee salad of mixed leaves, peppers, cucumber and olives (gf).	3.50

## SANDWICHES SERVED FROM 12:00

*All our sandwiches are served with crisps & a mixed salad with house dressing. Choose from white, brown or gluten free bread.*

Smoked salmon with dill cream cheese (gf) . . . . .	9.25
Prawn Marie Rose (gf) . . . . .	8.75
Smoked ham & Scottish cheddar (gf). . . . .	8.25
B.L.T. (gf) . . . . .	8.25
Coronation chicken (gf) . . . . .	8.25
Coronation chickpea and watercress (gf)(vg) . . . . .	8.25
Tuna mayonnaise and cucumber (gf). . . . .	8.25
Egg mayonnaise (gf) . . . . .	8.25
Cheddar cheese and chutney (gf)(v) . . . . .	8.25
<b>HIGHLANDER CLUB SANDWICH</b> . . . . .	11.95
<i>A tall, toasted club sandwich served with mixed salad &amp; fries. Ask us about today's filling.</i>	
<b>SOUP OF THE DAY</b>	
<i>Served with white, brown or gluten free bread . . . . .</i>	5.95
Soup and a half sandwich . . . . .	9.95
Soup and a cheese scone . . . . .	7.45
<b>HOT PANINIS &amp; TOASTIES</b>	
<i>All served with a mixed salad &amp; crisps.</i>	
Smoked ham & Scottish cheddar. . . . .	8.95
Haggis melt / veggie haggis melt (v) made with caramelised onion chutney & Scottish cheddar . . . . .	8.95
Bacon, Brie & cranberry. . . . .	8.95
Coronation chicken . . . . .	8.95
Tuna melt, made with Scottish cheddar . . . . .	8.95
Tomato and mozzarella (v) . . . . .	8.95
<b>BAKED POTATOES</b>	
<i>All served with a mixed salad &amp; house coleslaw.</i>	
Haggis melt or veggie haggis melt (v), made with Scottish cheddar. . . . .	8.75
Coronation chicken with toasted almonds (gf). . . . .	8.75
Coronation chickpea (vg)(gf) . . . . .	8.75
Tuna mayo (gf) . . . . .	8.75
Scottish cheddar, beans & sour cream (gf)(v). . . . .	8.75
Prawn Marie Rose (gf). . . . .	8.75
Mixed roasted vegetables . . . . .	8.75